

The Temecula Community Services Department together with the FIT Program are offering an exciting walking program to help you get fit. The main focus is physical activity aimed at getting Temecula residents walking, moving and becoming more physically active.

- * Challenge yourself to walk from Temecula to Salt Lake City, Utah.
- * Walk 700 miles by November 1st, 2015.
- * Walk at any city park, or use mapmywalk.com to track your own walking route.
- * Mileage log sheets can be dropped off at the CRC or at Harveston Community Park during our FIT Program, email them to us at FIT@cityoftemecula.org.
- * All participants that make it all the way to San Francisco will receive a special t-shirt commemorating this major accomplishment. They will also be invited to be recognized at a commission meeting and receive a trophy stating their accomplishments.

If you have any questions please call Hilda Nieto at 951-694-6410 or email at fit@cityoftemecula.org

